

MEAT & SHAKE

SOUTHERN BARBECUE

WHILE U WAIT

INDIVIDUAL NACHOS 3.35

Tortilla nacho chips, salsa, cheese, sour cream & jalapeños
+ chilli con carne 1.60 or jerk chicken 1.60

HOT LINK SAUSAGES 3.99

Spicy, aromatic sausage made with both beef and lamb

WINGS FROM 4.99

Jumbo wings, choose from BBQ or Buffalo
3 for 4.99/6 for 8.99

CALAMARI 5.49

Deep fried golden brown crispy textured breaded squid
served with Garlic Mayonnaise

SHARING NACHOS 5.99

Tortilla nacho chips, salsa, cheese, sour cream & jalapeños
+ chilli con carne 2.50 or jerk chicken 2.50

SMOKED & BARBECUE

SMOKED BRISKET 11.87

Quality beef brisket is dry rubbed Texas style with salt and pepper and
smoked over oak and mesquite for up to 14 hours

BURNT ENDS 10.87

Chunks of smoked USDA brisket from the point ends served in our Kansas
City cherry BBQ sauce, served with pickles and jalapeño

PHILLY CHEESESTEAK SANDWICH 12.87

Strips of Rib Eye Steak flash-grilled with onions and peppers all coated
with melting cheese in a Meat and Shake special recipe Suban Bread - it is
Unique.

KANSAS CITY RIBS FROM 15.80

Kansas City style ribs, dry rubbed and then braised in our own cola-BBQ
sauce till very tender
Half 15.80/Full 28.80

SMOKED RIBS FROM 15.80

Tender, juicy ribs done simply and patiently in our smoker for that spicy,
deeply smoky crust
Half 15.80 /Full 28.80

SMOKED CHICKEN FROM 5.89

We give a whole smoked chicken the Meat & Shake treatment, firstly through
dry-rubbing and then hot-smoking. Choose from BBQ or Louisiana Chilli
Qtr 5.89/Half 9.89

SMOKESTACK PLATTER 35.89

FOR 2 OR 4 TO SHARE

Smoked Brisket, Smoked Ribs, Half Smoked Chicken, 2 Smoked Chicken
Wings, 1 Hot Link Sausage, House Coleslaw, Pickles, BBQ Pit Beans, 2
Portions of house seasoned Skin On Fries

BURGERS

Our bespoke burgers are made with 36 day dry-aged meat.
Exchange any of our burger patties for a sweet potato rostie.

CLASSIC HAMBURGER 4.99

4oz beef, ketchup, mustard, tomato, lettuce, onion

PLAIN JANE 7.89

Mustard, tomato, leaves, 6oz patty, American gherkins, red onion,
ketchup, cheese

TRUFFLE SHUFFLE 8.99

Truffle, 6oz patty, Swiss cheese, truffle mushrooms, honey & balsamic glaze

RUBY MURRAY 8.99

Curried chicken, tomato, leaves, red onion, fresh coriander, chilli, yoghurt

PULLED JERK CHICKEN 8.99

Smoked and pulled jerk chicken, pineapple salsa

BUTTERMILK CHIPOTLE CHICKEN 9.49

Fried buttermilk chicken, chipotle, mayo, red jalapeños, house coleslaw

VON LONGHORN 9.79

Aioli, leaves, 6oz patty, Monterey Jack cheese, smoky turkey bacon,
onion ring, BBQ sauce

LUCHADOR 10.79

Salsa, leaves, 6oz of patty, Texas beef chilli, jalapeños, Monterey Jack
Cheese, nachos, sour cream

SMOKING BANDIT 10.79

Smokey chipotle mayo, leaves, 6oz patty, smoked cheddar,
smokey turkey bacon

RIB N CHEESE 10.79

Aioli, pulled beef rib, BBQ sauce, Monterey Jack cheese

BBQ SMOKED BRISKET BURGER 10.99

14hr smoked brisket, red jalapeños, gherkins, BBQ sauce

ROSTIE POTSIE (V) 8.89

Chipotle mayo, tomato, leaves, sweet potato rostie, Swiss cheese, alfalfa sprouts

COOL JOE, MEAN JOE, KILLER JOE 10.99

Beef and Lamb burger topped with BBQ ground beef,
smoked cheese, chipotle mayo, lettuce and tomatoes

PIT BURGER 17.89

FOR ONE BRAVE WARRIOR

When a burger isn't going to cut it, look to the 'pit.' 2x 6oz Patties pulled
beef rib, turkey bacon, hot link sausage, American cheese, onion ring,
cherry BBQ sauce.

DOUBLE
YOUR MEAT
OR ADD 2 EGGS
OR 2 SLICES OF
BACON FOR
£2

NATIONAL
Burger
AWARDS
WINNER
2017

DOGS

CLASSIC HOT-DOG 7.90

A tried and tested classic. Comes with Sauteed Onions, Ketchup & mustard
in a Meat and Shake special recipe Cuban Bread - not to be missed

DIRTY DOG 8.90

Our smoked hot link sausage topped with Texas beef chilli, sour
cream, mustard, melted cheddar cheese and jalapeños

STEAK ON STONE

COOK YOUR STEAK ON A HOT STONE

SIRLOIN STEAK 17.99

Also known as the New York or Kansas city strip, the Sirloin is cut from the
hind quarter and has a beefy flavour

RIB EYE STEAK 18.99

Our recommended cut from the rib as the name suggests with great
marbling. This is the Cowboy cut with generous marbling throughout

FILLET STEAK 21.99

Fillet Mignon is the most prized cut of beef. It is considered the "King of
Steaks" due to its lean, melt-in-your-mouth, buttery texture.

ALL STEAKS ARE SERVED WITH A CHOICE OF:

ROSEMARY
ROASTED POTATOES
With caramelised carrots
& green leaves

GOLDEN BROWN
STEAK CHIPS
Sprinkled with Meat &
Shake special herbs

HOUSE
SEASONED
SKIN ON FRIES

CHOICE OF SAUCE 2.00

CREAMY SAUCE WITH GREEN & RED PEPPERCORN

GRAVY SAUCE • GRAVY BBQ SAUCE

CREAMY MUSHROOM SAUCE

GARLIC BUTTER 1.00

SIDES

HOUSE SEASONED SKIN ON FRIES 3.19

Large: 4.19

SWEET POTATO FRIES 3.97

CURLY FRIES 3.97

Large: 4.97

TRUFFLE FRIES 3.69

Truffle mayo, balsamic glaze. Share: 5.80

DIRTY FRIES 3.80

Chilli con carne, mustard, jalapeños. Share: 7.50

MIXED LEAVES SALAD 2.95

Mixed leaves, olives, cucumber, cherry tomatoes, olive oil. Share: 5.75

CHICKEN SALAD 5.95

Warm marinated chargrilled chicken, cucumber, tomato, mixed leaves,
olives, olive oil, croutons with Meat & Shake Caesar dressing

BREADED ONION RINGS 3.60

HOUSE COLESLAW 3.50

MAC 'N CHEESE 3.99

BBQ PIT BEANS 3.79

TEXAS BEEF CHILLI 3.99

ALL OUR MENU ITEMS ARE HALAL

Certain menu items contain nuts, and our buns contain gluten, wheat & soya please ask for
an allergen menu if required. Our beef burgers are served pink (medium) unless stated
otherwise. FSA has asked us to point out that undercooked meat may increase risk of food
borne illness, particularly for those who are elderly, pregnant or ill. Our cheese is suitable
for vegetarians. All our menu items are Halal. A discretionary 12.5% service charge will be
added to the bill for groups of 4+. All service charges and tips go to Meat and Shake staff.



winner
Diner's Choice
2016

LUNCH MENU

QUICK & EASY

SERVED BETWEEN NOON AND 5PM

CLASSIC HAMBURGER **4.39**

4oz beef, ketchup, mustard, tomato, lettuce, onion

CLASSIC CHEESEBURGER **4.79**

4oz beef, ketchup, mustard, tomato, lettuce, onion, cheese

CLASSIC CHICKEN BURGER **4.79**

Meat and Shake special coated fried chicken, chipotle mayo and fresh leaves

Add a slice of cheese for 50p

VEGETARIAN BURGER **4.69**

Chipotle mayo, fresh leaves, sweet potato mashed with vegetables fried with special meat & shake coating, fresh leaves

Add a slice of cheese for 50p

CLASSIC HD BURGER **4.79**

Sliced Beef Hot Link Sausage, Ketchup, Mustard. Topped with sautéed onions

Add a slice of cheese for 50p

MAKE IT A MEAL **5.99**

Any of the above Burgers with regular fries & a regular Soft Drink

LARGE MATTERS

Upgrade to 6oz burger OR a Large Fries & a Large Soft Drink for only £2

KIDS MENU 2.99

**CHOOSE 1 MAIN,
1 SIDE & A DRINK
OR ICE CREAM**

SIDES

GREEN PEAS

SPECIAL GREEN SALAD

SKIN ON FRIES

MAINS

HAMBURGER

CHEESEBURGER

CHICKEN NUGGETS

CHICKEN BURGER

CHICKEN STRIPS

**VEGETARIAN
BURGER**

DRINKS

OR ICE CREAM

FRUIT JUICE

Apple / Orange

Apple & Mango / Apple & Pear

SOFT DRINKS

MINERAL WATER

ONE SCOOP OF

ICE CREAM SUNDAE

WHY NOT SCOOP IT UP FOR JUST £1

A special treat for our young friends.

Only £1 for one scoop from the following flavours:

VANILLA • CHOCOLATE • STRAWBERRY

DESSERTS

DEEP APPLE PIE **4.99**

Sweet apple tart baked in cinnamon sugar served with ice cream

DEEP FRIED OREO DOUGHNUTS **FROM 3.49**

Served with salted caramel sauce & ice cream. 3 for 3.49 / 6 for 5.99

KNICKERBOCKER GLORY SUNDAE **5.99**

Mishmash of ice cream, sauces, Oreo crumbs, chocolate and some other sugary goodness in a tall sundae glass

CHURROS **4.99**

Crispy & fluffy churros served with ice cream, dusted with cinnamon sugar

Add £1 for warm chocolate sauce

AMERICAN CHEESECAKE **3.49**

Add 59p for Caramel Sauce

CLASSIC SHAKES

VANILLA **4.59** LRG / **3.79** REG

CHOCOLATE **4.59** LRG / **3.79** REG

STRAWBERRY **4.59** LRG / **3.79** REG

BANANA **4.99** LRG / **3.95** REG

MANGO **4.99** LRG / **3.95** REG

CHOCOLATE BAR SHAKES

SNICKERS **4.79** LRG / **3.79** REG

BOUNTY **4.79** LRG / **3.79** REG

BUENO **4.79** LRG / **3.79** REG

OREO COOKIE **4.79** LRG / **3.79** REG

FERRERO ROCHER **4.79** LRG / **3.79** REG

CRUNCHIE **4.79** LRG / **3.79** REG

PREMIUM SHAKES

SALTED CARAMEL **4.95** LRG / **3.99** REG

TOFFEE & BUTTERSCOTCH **4.95** LRG / **3.99** REG

FIG & CINNAMON **4.95** LRG / **3.99** REG

APPLE PIE **4.95** LRG / **3.99** REG

COCONUT & MANGO **4.95** LRG / **3.99** REG

NUTELLA **4.95** LRG / **3.99** REG

PEANUT BUTTER, **4.95** LRG / **3.99** REG

BROWNIE & BANANA

BLACK CHERRY **4.95** LRG / **3.99** REG

& DARK CHOCOLATE

ADD
1.20
TO MAKE
YOUR SHAKE
MEGA

COLD DRINKS

SOFT DRINK **1.79**

Coke, Diet Coke, Orange Fanta, Sprite, Ginger Ale, Lemony Lemonade

Large: 2.09 / Bottle: 2.59

MINERAL WATER **1.49**

Still or sparkling

Bottle: 2.50

100% PURE JUICE **3.49**

Apple, Orange, Pineapple (not from concentrate)

ICED TEA **1.99**

Mango, Peach, Lemon

HOT DRINKS

TEA **1.79**

Green, Mint, Breakfast, Earl Grey, Camomile

LATTE **1.89** **AMERICANO** **1.69**

Large: 2.49

Large: 2.29

CAPPUCCINO **1.89** **AFFOGATO** **2.25**

Large: 2.49

Large: 2.89

ESPRESSO **1.39**

Large: 1.89

MOCKTAILS

PINA COLADA **3.99**

Creamy Coconut ice cream blended with pineapple juice and Fresh Lime

Shook Vigorously with ice cubes and garnished with cherry

LEMON & LIME PUNCH **3.99**

Freshly Squeezed Lemon, Fresh Lime, honey, hint of salt with splash of soda water

MOJITO (REGULAR OR STRAWBERRY) **3.99**

Our Mojito with a southern twist! Add 69p for strawberry.

APPLETISER ELIXIR **3.99**

A sweet and tangy infusion of Apple, Lime, Honey and Brown sugar

POMEGRANATE PUNCH **4.49**

A delicious and gentle sparkling blend of Appletiser and Pomegranate juice shaken together with honey, lemon and orange juice

APPLE & BASIL SPRITZER **3.99**

A gentle blend of Appletiser, Elderflower, Fresh Basil and Mint

FLOATS 3.99

COKE, CREAM SODA

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